

FALL Tennis 2019

Children's and Adult Group Tennis Lesson and Registration Information

Registration begins **Thursday August 15, 2019** in-person at the Recreation Department or online at:

<http://maplewood.recdesk.com/Community>

Registration Fees:

PEE WEE	(40 minutes): Five Classes	\$120.00
HOT SHOTS	(60 minutes): Five Classes	\$120.00
Adult and Children	(90 minutes): Five Classes	\$165.00
Adult Intermediate	(120 minutes): Five Classes	\$220.00

PEE WEE classes have a student/teacher ratio of **3:1**, Hot Shots Classes have a student/teacher ratio of **4:1**, All other classes have a student/teacher ratio of **6:1** or fewer.

Class Scheduled Meeting Dates: (Fall Classes Meet 5 Times)

Monday Dates: 9/9, 9/16, 9/23, 10/7, 10/14 (No Class 9/30)
Tuesday Dates: 9/10, 9/17, 9/24, 10/1, 10/15, (No Class 10/8)
Thursday Dates: 9/12, 9/19, 9/26, 10/3, 10/10,
Saturday Dates: 9/14, 9/21, 10/5, 10/12, 10/19 (No Class 9/28)

NO CLASSES WILL MEET on Monday 9/30, Tuesday 10/8, and Saturday 9/28

RAINED-OUT classes will be made up by adding additional classes to the end of the schedule, until **FIVE** classes have been held. No Individual MAKE-UPS for missed classes.

**Classes meet at Memorial Park Tennis Courts.

Class size is limited and may be cancelled due to limited enrollment. Additional Classes may be added to accommodate any overflow.

Class cancellations due to weather and Make-up dates will be posted as soon as possible on the Maplewood Tennis Program website. **Please call** our weather-related class update phone number for class status if there is rain at: **973-843-1116**. A message will be posted indicating if the class is delayed or cancelled.

You can also contact the Maplewood Recreation Department at 973-763-4202:
M-F 9:00am-4:30pm and Saturdays 9:00am-12:00noon.

FALL 2019 GROUP TENNIS LESSON SCHEDULE

Pee Wee Tennis: Ages 3 & 4: This class serves as an introduction to tennis in a non-competitive environment. Activities are designed for immediate success and there is no rallying among players. Lower nets, Red-Level Foam balls and various stationary equipment leads the students to master the basics of tennis. Strokes include the volley, forehand, and backhand. **Class Meets Saturdays 9:45AM - 10:25AM.**

Hot Shots Tennis: Ages 5 & 6: This class continues the introduction to tennis in a non-competitive environment. Activities include rallying when possible and smaller nets at a lower height. Red-Level Foam balls and shortened 36 foot courts provide students with the opportunities to succeed at tennis. Strokes include the volley, forehand, backhand, and preliminary serving technique.

Classes Meet Saturdays 10:30AM-11:30AM, Tuesdays 4:30PM - 5:30PM or Thursdays 4:30pm - 5:30PM.

Children Beginner (ages 7, 8, 9, 10). This class transitions players from Hot Shots into 60 foot courts. Red-Level Balls are used as students learn the basics for rallying in tennis from the baseline and closer to the net. Instruction focuses on movement towards the tennis ball and on Games that allow the focus to be on correct movement and stroke technique. Strokes include the volley, forehand, backhand, and serve.

Children Advanced Beginner (ages 7, 8, 9, 10). This class is designed for players with experience playing tennis and to transition into regulation size courts (78 foot), a mix of Red, Orange, and regulation tennis balls are used. All strokes are covered and emphasis is on rallying, point play. Strokes include the volley, forehand, backhand, and serve.

Children Intermediate (ages 9, 10, 11, 12, 13, 14). This class continues development of all strokes but adds emphasis on offensive and defensive use. Singles and doubles strategy is covered and drills focus more on strategy and tactics. This class is for older or more experienced players. Only regulation tennis balls are used for this class.

Children's Classes Meet:

Beginner-Intermediate	Ages 7-14	Saturdays	11:30AM-1:00PM
Beginner	Ages 7-10	Mondays	5:30PM-7:00PM
Advanced Beginner	Ages 7-10	Tuesdays	5:30PM-7:00PM
Intermediate	Ages 9-14	Thursdays	5:30PM-7:00PM

Adult Group Lesson Schedule:

Beginner group will be for students with little or no experience playing tennis. Backhands, Volleys, and Serves are covered. Drills emphasize technique but include point play.

Advanced Beginner groups will be for students with experience playing tennis. They are comfortable rallying and playing points. Emphasis is on stroke improvement toward improved match play.

Adult Intermediate. This class is for students with experience playing matches who feel comfortable in competitive settings. The first 90min of class will be instruction and competitive drills with a focus on doubles strategy and tactics. The final 30min will be supervised doubles play with instruction.

Beginner	Thursdays	7:00PM-8:30PM
Advanced Beginner	Tuesdays	7:00PM-8:30PM
Intermediate	Mondays	7:00PM-9:00PM