

Summer Tennis Camp 2019

Camp Sessions

Session One: June 24, 25, 26, 27

Session Two: July 8, 9, 10, 11

Session Three: July 22, 23, 24, 25

Session Four: August 5, 6, 7, 8

Session Five: August 12, 13, 14, 15

Session Six: August 19, 20, 21, 22

(Fridays are reserved for Make-ups in case of rain).

Camp Times and Ages

9:30AM - 1:00PM / Ages 5-14

Beginner to Intermediate Level

Cost/Registration:

WOW! Early Registration: Until May 1st:

\$245 for 1 Session

Regular Registration: After May 1st:

\$265 for 1 Session

WOW!

Multiple Session and Sibling Discount:

\$225 for additional sessions or for siblings

Please Contact the Recreation Department to apply sibling and multiple week discounts: 973-763-4202 (You **must first register for one regular registration** prior to adding multiple session and sibling discount registrations.)



Register In-Person at: 574 Valley Street

(Inside Town Hall Building)

Register On-Line at:

<http://maplewood.recdesk.com/Community>

Camp Location

Memorial Park & Walter Park Tennis Courts

Camp Curriculum

- Stroke production - all basic strokes covered
- Drills designed to enhance individual success and improvement
- Strength, flexibility, and plyometric training
- Footwork drills/analysis
- Singles and doubles tactics/strategy

A Typical Day at Camp

9:30 - 9:45	Rally Warm-up on Court
9:45 - 10:15	Stretching, agility, plyometrics
10:15 - 11:45	Drills for strokes/strategy
11:45 - 12:10	Off-court: Snack Break
12:15 - 12:50	Group drills/games
12:50 - 1:00	Wrap-up

John Trinity, Director

John is a member of the United States Professional Tennis Association and has achieved the highest rating of Master Professional. He has been teaching and coaching tennis for the past 30+ years. John received the 2009 Star-Ledger Girls Tennis Coach of the Year Award and the 2010 NJSIAA Tennis Coaching Award.

John holds a Doctorate in Education and a Masters Degree in Teaching. He also holds a New Jersey Teaching Certificate in Health and Physical Education K-12.

Walt Michels, Assistant Director

Walt is a member of the United States Professional Tennis Association. He has been teaching for the Maplewood Tennis Program since it began in 1991. Walt has directed tennis camps for Rock Spring Club in West Orange and Fairmont Country Club in Chatham.

Additional Staff

Additional staff will include instructors with expertise in a variety of areas. Student/Instructor ratio will be 6/1 or less.

For Further Information

John Trinity: johnt@maplewoodtennis.com

973-763-4202

www.maplewoodtennis.com