

Summer Tennis Camp 2020

Camp Sessions

Session One: June 29, 30, July 1, 2

Session Two: July 6, 7, 8, 9

Session Three: July 13, 14, 15, 16

Session Four: July 27, 28, 29, 30

Session Five: August 3, 4, 5, 6

Session Six: August 10, 11, 12, 13

Session Seven: August 17, 18, 19, 20

(Fridays are reserved for Make-ups
in case of rain).

Camp Times and Ages

9:30AM - 1:00PM / Ages 6-14

Beginner to Intermediate Level

Cost/Registration:

\$295 for 1 Session



Register In-Person at: 574 Valley Street

(Inside Town Hall Building)

Register On-Line at:

<http://maplewood.recdesk.com/Community>

Camp Location

Memorial Park & Walter Park Tennis Courts

Camp Curriculum

- Stroke production - all basic strokes covered
- Drills designed to enhance individual success and improvement
- Strength, flexibility, and plyometric training
- Singles and doubles tactics/strategy

A Typical Day at Camp

9:30 - 9:45	Rally Warm-up on Court
9:45 - 10:15	Stretching, agility, plyometrics
10:15 - 11:45	Stroke Instruction and Drills for strokes/strategy
11:30 - 11:50	Off-court: Snack Break Group 1
11:50 - 12:10	Off-court: Snack Break Group 2
12:00 - 12:50	Point Play drills/games
12:50 - 1:00	Wrap-up/Pick-up

STAFF

John Trinity, Director

John is a member of the United States Professional Tennis Association and has achieved the highest rating of Master Professional. He has been teaching and coaching tennis for the past 30+ years. John received the 2009 Star-Ledger Girls Tennis Coach of the Year Award and the 2010 NJSIAA Tennis Coaching Award.

John holds a Doctorate in Education and a Masters Degree in Teaching. He also holds a New Jersey Teaching Certificate in Health and Physical Education K-12.

Walt Michels, Director

Jonathan Tierston, Assistant Director

Lauren Weiss, Assistant Director

Additional Staff

Additional staff will include instructors with expertise in a variety of areas. Student/Instructor ratio will be 4/1 or less.

For Further Information

John Trinity: johnt@maplewoodtennis.com

973-763-4202

www.maplewoodtennis.com