

Maplewood Tennis Program Covid-19 Reopening Guidelines for Group Tennis Lessons and Summer Tennis Camp

Outdoor Activities: The Maplewood Tennis Program is an outdoor activity that allows for the possibility of safe social distancing due to the few participants in a large area.

Outdoors offers direct sunlight, fresh air and breezes, and the general space to move about safely from others. The Court has direct and indirect dividers that can be followed to allow for proper spacing: Net divides space in half, court is divided into four large service boxes and two large areas of backcourt as well as additional space beyond the court in every direction. With conscious effort and continuous reminders by staff, it should be possible to enjoy the activity of tennis lessons and tennis camp while at the same time following the social distancing guidelines set forth to by the CDC to minimize risk of passing on or contracting the COVID-19 virus.

General Guidelines We Are Implementing for Summer Group Tennis Lessons and Tennis Camp

(These guidelines were developed based on the CDC's Considerations for Youth Sports.)

Reduced Group Size for lessons and camp to allow for safe social distancing.
(Student/Teacher ratio of 4:1 or less).

Enrollment: Group Lessons will be limited to 12 students per class using 3 courts. Tennis Camp will be limited to 20 students per week using 5 courts. This will reduce the overall spacing issues on and around the courts to make social distancing easier. Camp will be further divided into two groups with one group meeting at Memorial Park and the other meeting across the street at Walter Park rather than meeting as one large group to make it easier to maintain safe distancing

Staff: Additional staff will be in place to supervise and maintain safe social distancing during activities.

Age Restrictions: Tennis Camp and Group Lessons will be limited to children ages 6 and over. Complying with social distancing instructions may be difficult for younger participants. It has been suggested by the United States Professional Tennis Association to begin opening programs to participants that are at an age where they can be expected to follow social distancing directions and general hygiene directions.

Reduce Group Lesson Duration for Children's Lessons. We will reduce the duration of some Children's group lessons to 60 minutes and eliminate large group activities. This will reduce opportunities for close contact.

Careful Entry/Exit: For GROUP LESSONS: students should not arrive too early and should maintain social distancing outside the court area prior to the start of lesson. Students will be

assigned a court and a socially distanced numbered spot on the court for attendance and class instructions. Students will be organized to exit prior to the next class entering the courts. Students should not remain on site after the lessons have ended.

TENNIS CAMP Drop off Procedures: Camp begins at 9:30am. You may drop off campers beginning at 9:15am but not earlier. We will be dividing the camp into two groups for drop off. One group will be dropped off at **Walter Park** and the second group will be dropped off at **Memorial Park**. This will reduce the overall group size and make attendance and initial instructions easier to socially distance. You will be notified by email which park to drop off and pick up from for the week.

TENNIS CAMP Pick up Procedures: Parents/Guardians may pick up their campers from 12:45pm to 1:15pm to help reduce the number of people in the area. Pick up will be at the same park as Drop Off.

Campers will remain inside the tennis courts spaced safely until a parent/guardian arrives. Beginning at 1pm Campers are permitted to walk or ride their bicycles home if prior written permission is provided from a parent/guardian. If camp ends early due to rain/thunderstorm we will hold campers at the facility until a parent/guardian arrives. Campers with permission to walk or ride bicycles home will be permitted to leave after rain has ended and after 30 min after last visible lightning or thunder is heard.

Safety Measures During Lessons and Camp

No Shared-Touches: Equipment, balls, facility

Gate Entry: Gate will be secured in an open position during lessons/camp

Ball Pick-up: In most situations, Only Staff will collect balls. Pick-up Tubes, if utilized, will be assigned and will go with each student. They will use the same tube for the duration of the lessons/camp. Tubes will be sanitized prior to lessons/camp.

Balls: Only the instructor will touch the balls during instruction and drills. Instructors will initiate the ball drills and rally games. Instructors may use gloves for protection or utilize hand sanitizer after touching the balls. Balls will be lightly sprayed with disinfectant after each program.

No Serving by touching balls with hands: Serving Instruction or Practice will be removed from the lesson plans of most classes. If serving instruction/practice is added to the lessons or camp it will be done using tennis balls that have not been used or touched for minimum of 3 days to ensure they could be no longer contaminated with the COVID-19 virus. They will only be used once, then collected, sprayed with disinfectant and removed/stored for 3 days.

Student's personal equipment: Students are asked to bring their own hand sanitizer for use during the lesson or camp. Additionally, a Hand Sanitizing Station will be set up on court for use by students and staff. Students must bring their own racket (or in some cases a racket may be borrowed and used for the duration of the camp or lessons and returned at the end of the week or program), water bottle, towel, snack, and carry bag with a handle or strap. Hooks will be placed along the side fences 8-10 feet apart for students to hang their bags on. These areas will be their designated areas for maintaining social distancing when we need to organize the class.

Face Covering: A light face mask/covering must be worn when coming within 6 feet of other students and staff. Face mask should be light (not N95) so breathing is not impaired. Masks must be worn while off court and while collecting balls and during any breaks on or off court. Masks may be lowered or removed during activities and point play to allow for proper breathing. Disposable masks will be available if a student or staff forgets to bring one. Staff must wear masks when on the same side as students and while off court and within 6 feet of others. Staff may lower mask while on opposite side of court without other students. Staff may use gloves for touching tennis balls or use hand sanitizer after contacting tennis balls.

Sanitizing Station: We will have hand sanitizer available inside the courts for use. We ask all students to use the hand sanitizer every-time they enter the courts or anytime they feel they need to sanitize their hands. Students should also bring their own hand sanitizer for use during lessons and camp.

Social Distancing: While on court, students and staff must maintain apart: "Extended Racket Plus 3 feet" at all times. While off court students and staff must remain at least 6 feet away from others. A supervisor will ensure social distancing rules are being followed and will be reminding students during lessons and camp. During breaks on court and off court students and staff must observe social distancing of at least 6 feet. Masks must be worn while off court and while collecting balls and during any breaks on or off court in case social distancing is temporarily compromised.

Signs: Social Distancing Reminder Signs will be placed on the fences inside and outside the tennis courts. This can serve as both informative and as a reminder during play.

Maplewood Tennis Program Designated Covid-19 Point of Contact: Dr. John Trinity, USPTA.
johnt@maplewoodtennis.com

5/26/2020